## **CITY OF KINGSTON**

## Office of the Mayor

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Steven T. Noble Mayor



May 16, 2016 FOR IMMEDIATE RELEASE

# Mayor Steve Noble Celebrates "Bike-to-Work Week" May 16<sup>th</sup>-May 20<sup>th</sup> in the City of Kingston; New Bike Rack Installed at City Hall

Mayor Steve Noble is pleased to welcome the 2016 Bike-to-Work Week in the City of Kingston, May 16<sup>th</sup>-May 20<sup>th</sup>. A number of individuals, local businesses, not for profits and government agencies are set to participate in this year's Bike-to-Work activities. A friendly community contest, led by Bike-Friendly Kingston, challenges individuals and groups to track their cumulative bicycling mileage over the week for a chance to win prizes, in addition to bragging rights.

"The City of Kingston is situated in the ideal location for residents and visitors seeking an active lifestyle," Mayor Steve Noble stated. "While I try to walk and bike whenever possible, we all need a little motivation now and then. My competitive side is coming out and I'm hoping staff within the City of Kingston will join me during the week so we can have a chance to win this."

Last year's winning "team," the NYCDEP, included 6 employees who logged a total of 30 trips, collectively riding 217 miles.

In addition to participating in this year's Bike-to-Work Week, Mayor Noble is also pleased to officially unveil a new bike rack at City Hall. The bright blue bike rack can be found on the far right side of the building, near the ground floor entrance. The rack was paid for by a Plan4Health grant secured by the New York Metro Chapter of the American Planning Association and Cornell Cooperative Extension of Ulster County for the Live Well Kingston coalition.

"This new bike rack is another great example of the City partnering with local agencies to improve the quality of life for residents in Kingston. I encourage employees and visitors of City Hall to enjoy this new amenity."

For more information about the local Bike-to-Work Week Challenge, go to: <a href="http://tinyurl.com/2016-bike-to-work">http://tinyurl.com/2016-bike-to-work</a> or www.facebook.com/groups/bikefriendlykingstonny

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Additional information about partner organizations can be found on page two.

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#### **Additional Information**

*Live Well Kingston* is a city-endorsed coalition of organizations, businesses and individuals that work together to improve the environment, culture, and opportunities in Kingston, NY for residents to lead healthier lives. To learn more about Live Well Kingston, visit www.livewellkingston.org

*Plan4Health* connects communities across the country, funding work at the intersection of planning and public health. Plan4Health is funded by the Centers for Disease Control and Prevention (CDC) and anchored in the American Planning Association and American Public Health Association. To learn more about Plan4Health, visit <a href="http://www.plan4health.us/">http://www.plan4health.us/</a>

*Bike-Friendly Kingston* is an association of individuals who share a common goal: to make Kingston a safer, more bike-able city. We meet twice monthly to pursue a range of activities, including advocating for better bicycle infrastructure and policies and educating Kingston residents about the benefits of safe and responsible bicycling. To learn more about Bike-Friendly Kingston, visit <a href="http://www.bikefriendlykingston.org/">http://www.bikefriendlykingston.org/</a>